

## Anacortes Soo Bahk Do

### Vocabulary Test

7th Gup

Name \_\_\_\_\_ Gup # \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_

Please fill in the middle column with the correct English word from the ones provided on the right.

Korean	English Answers	English Choices
Do Jang		Name of the Art
Dee		Hand
Bahk		Strike or Educated
Moo Duk Kwan		Way
Soo		Martial Virtue School
Do		Training Hall
Do Bok		Uniform
Soo Bahk Do		Belt
Commands for Starting & Ending Class		
Cha Ryut		Salute the flag
Kuk Gi Bay Ray		Thank You
Baro		Bow to Master Instructor
Muk Nyum		Return
Baro		Attention
Sa Bom Nim Kay Kyung Yet		Return
Kahm Sa Hap Needa		Meditation
Movements & Techniques		
Ha Dan Mahk Kee		Front Kick
Sang Dan Mahk Kee		High Punch
Chung Dan Kong Kyuk		Low Block
Sang Dan Kong Kyuk		High Block
Ahp Cha Nut Gi		Center Punch
Components of Techniques		
Mahk Kee		High level
Kong Kyuk		Line of sight
Ha Dan		Block/Defense
Ahp		Low level
Yup		Back
Dwi		Side
Chung Dan		Front
Sang Dan		Middle level
Shi Sun		Attack
Anatomy		
Soo		Arm
Tuck		Foot
Eema		Hand
Moo Roop		Elbow
Pahl		Knee
Bahl		Chin
Pahl Koop		Forehead
Korean Counting 1-10		
1.	5.	9.
2.	6.	10.
3.	7.	
4.	8.	

(Answers in Gup & Dan Manual, pages 61-64)