

Expectations of Performance

Current 10th Gup requirements for	Current 9th Gup requirements for	Current 8th Gup requirements for
9th Gup	8th Gup	7th Gup
Proper stance and Shi Sun		
Proper placement of elbows in intermediate and completion position for hand techniques		
Proper placement of knee in chamber position for kicking techniques		
Proper striking of the weapon in hand and foot techniques		
Proper protocol within the studio (dojang)		

Current 7th Gup requirements for	Current 6th Gup requirements for	Current 5th Gup requirements for
6th Gup	5th Gup	4th Gup
Proper Ki Hap, spirit, Shi Sun, and Moo Do Jaseh	Proper Ki Hap, Spirit, and Moo Do Jaseh	Proper Moo Do Jaseh
Proper focus of weapon to target	Proper focus (Shi Sun)	Proper focus of weapon to target
Proper demonstration of speed control (Wan Gup)		Proper demonstration of 8 Key Concepts
Proper respect to senior and junior members		
Proper weapon discipline		
Proper process of 'chain of command' in hand/foot basics		

Current 4th Gup requirements for
3rd Gup
Proper Moo Do Jaseh
Proper Shi Sun
Demonstrate 8 Key Concepts

Current 3rd Gup requirements for	Current 2nd Gup requirements for	Current 1st Gup requirements for
2nd Gup	1st Gup	Cho Dan
Distance control		
Demonstration of proper intent during physical demonstrations		
Proper acceleration of movements to maximize force		
Demonstration of proper ceremony during Il Soo Sik & Ho Sin Sool		