

ESSAY

WRITTEN TEST

Current Rank

10th Gup



9th Gup



8th Gup



7th Gup



6th Gup



5th Gup



4th Gup



3rd Gup



2nd Gup



1st Gup



Promotion Requirements

9th Gup

Comparison of U.S. & Korean Flags

8th gup

Importance of one or more of the 8 Key Concepts

7th gup

Kwan Gi (School Flag)

6th gup

Breathing and Meditation

5th gup

Compare Soo Bahk Do to another Martial Art

4th gup

History of Soo Bahk Do

3rd gup

Five Moo Do Values

2nd gup

Song of the Ship Sam Seh

1st gup

Chil Sung Hyung

What Soo Bahk Do Means to Me

Promotion Requirements

9th Gup

8 Key Concepts

8th gup

Meaning of Belt Colors

7th gup

Vocabulary

6th gup

Pyong Ahn Hyung

5th gup

10 Articles of Faith

4th gup

Lineage

3rd gup

Mission 2000

2nd gup

O Heng & Pahl Gwe

1st gup

Unique Characteristics of Soo Bahk Do Moo Duk Kwan

See Your Instructor

Testing Fees:

Testing for White & Orange Belts

\$28.00

Testing for Green Belts

\$28.00

Testing for Red Belts

\$28.00

Written tests are on a take home/open book basis. However the oral test is based on Essay and Written test.

Essays minimum length: Under 13 yrs 1 sentence per year of age; 13 & over 1 page double spaced.

Essays should be double spaced, typed, and include subject, name, age, date and Gup ID #

Please refer to your Gup Manual or your instructor for further information.