

# Unique Characteristics of Soo Bahk Do Moo Duk Kwan

- **Use of Huri**

The extensive use of Huri (waist/hip) is the signature of Soo Bahk Do Moo Duk Kwan, utilized to increase mass and acceleration in our techniques to provide maximum force and effectiveness.

- **Do Bahk Trim (1954)**

In 1954, the Founder of the Moo Duk Kwan®, Hwang Kee, initiated the trim on the uniforms worn by his MDK members (trimmed Do Bok). His decision and motivation were to have his students connect and relate to the History and Tradition from martial arts practitioners of the Ko Ku Ryo Dynasty (B.C. 37 – 668 A.D.) who wore a Trimmed outfit

- **First Goodwill Internationals (1955)**

In October 1955, an International Good Will Martial Art Contest between Korea and China was sponsored by the Moo Duk Kwan at “Si Gong Kwan” (Public City Hall in Seoul.)

- **Dan Bon (Dan Number)**

What makes the Moo Duk Kwan Dan Bon system so unique is the fact that the Dan Bon clearly defines each Dan holder’s seniority and place within the Moo Duk Kwan rank system. It is not just an administrative number. The system has been continuously in place to this date since it was started in 1948 with the designation of Dan Bon #1 to Master Un Chang Kim.

- **Publication**

Hwa Soo Do Kyo Bon (Teaching Origin of Hwa Soo Do) was the first modern Korean martial arts book ever published in Korea, published by Kwan Jang Nim Hwang Kee May 30, 1949.

- **Physic / Science application**

The scientific foundation and application of the art are clearly shown in the instructional guide and in the training process, specifying how this impacts the power and effectiveness of technique.

- **Moo Yei Do Bo Tong Gi**

Most important and valuable historical document of Korean martial arts techniques and published about 300 years ago. Discovering and studying this document reinforced the Kwan Jang Nim’s commitment to resurrecting Korea’s culture and preserving its lost martial arts history .

- **Korean Soo Bahk Do Association**

Our world -wide organization was incorporated and registered with the Ministry of Education of South Korea 6/30/1960.

- **Moo Duk Kwan Patch**

The Fist Emblem created by the Kwan Jang Nim Hwang Kee, soon became for practitioners a symbol of Korea’s pride in its new emerging identity as an independent nation and in a culture that was finally, truly Korean.

- **Yuk Ro Hyung & Chil Sung Hyung**

The Chil Sung Hyung are the prime picture of the art of Soo Bahk Do Moo Duk Kwan, created in 1952 by the Kwan Jang Nim Hwang Kee. They embody the knowledge Hwang Kee KJN acquired from decades of training and study, including the influence of the Moo Yei Do Bo Tong Gi in the later Chil Sung Hyung and the Yuk Ro Hyung. The Yuk Ro Hyung truly take their foundation from MYDBTG.

- **Ko Dan Ja Shim Sa**

The Ko Dan Ja Shim Sa is the rigorous week-long event required for testing for promotion to any level of 4<sup>th</sup> Dan or above.

- **Founding Purpose of the U S Federation**

The founding purpose of the US Soo Bahk Do Moo Duk Kwan Federation was and continues to be to provide a home for the Moo Duk Kwan in the United States.

- **Action Philosophy (The Kwan Jang Nim’s Life Journey)**

The challenges faced and overcome by our Founder give us the message of the accomplishments possible by “moving to action with sureness and with hope” by following his example of action philosophy.